**Self-collected Vaginal Swab Instructions for MTN 027**

You will be supplied with a ziplock bag that has a plastic cryovial and a white envelope containing a swab.

**STEP 4**



* Remove swab and hold away from the soft tip.
* Put wrapper back into ziplock bag!

**STEP 3**



* Open wrapping on the end opposite of the soft tip

**STEP 2**



* Take out the cryovial & white envelope (containing swab) from the ziplock bag.
* Remove cap from vial
* Place the cap top side down

**STEP 1**



* Wash hands with soap
* Dry hands
* Undress from the waist down

**CONTINUE ON NEXT PAGE**

**STEP 8**



* Make sure the ziplock bag contains cryovial, shaft, and wrapper
* Wash hands
* Give ziplock bag to study staff

**STEP 7**



* Place your finger or thumb on the bent shaft to prevent swab from coming out of the vial
* Bend the shaft back and forth
* Break the shaft off leaving only the soft tip in vial
* Place cap on cryovial containing swab

**STEP 6**



* Hold the vial upright and place the soft tip of swab into vial

**STEP 5**

 

* Open your inner labia with one hand
* Hold the plastic swab shaft with thumb and first finger of other hand
* Insert the soft tip of the swab into your vagina approximately 4-5 cm (about the length of your little finger)
* Spin the swab touching all the walls of the vagina, for 10-20 seconds



**NOTE: If the swab is dropped, please ask for another collection bag and repeat the entire process above.**